

WESTVIEW MIDDLE SCHOOL TRACK AND FIELD 2020

Behavior Expectations

**** Expectations need to be signed and returned to Coach Patton by: March 16 ****

Behavior expectations:

1. Athletes must have a minimum of one practice in between each meet AND attend the Wednesday practices and/or meets.
If you do not show up to practice you do not go to meets. If an athlete does not qualify to go to the meet, the parents and the athlete will be notified the Tuesday prior to the meet.
2. Athletes are expected to work at their full potential each and every day.
3. Athletes are expected to respect themselves, other athletes, coaches, captains, managers, and the facility.

Behaviors that will not be tolerated:

****Students that choose to engage in any of the following behaviors will be placed on the strike list.****

1. Disrespect of anyone or the facility.
2. Not working to your full potential (including during warm ups).
** For example: wandering the grounds or school instead of participating in practice
3. Horseplay and other unsafe behavior.
** For example: jumping over hurdles without prior instruction
4. General negative attitude (see attitude expectations below)
5. Ditching events at meets.
**Athletes are expected to show up for all of their events.

Strike System:

Strike One: Email home explaining behavior and sitting out the rest of the day. (Coach Patton and the coach that gave the strike must be cc'd)

Strike Two: Phone Call home with a coach, sitting out the rest of practice, and suspended from one additional practice.

Strike Three: The date of an athlete's third strike is their last day of track.

**** Some behaviors could escalate beyond/ skip a strike. Extreme disrespect, etc.**

Attitude:

The coaching staff will determine if the athlete's attitude is acceptable based on the following:

- Does the athlete consistently accept assigned workouts?
- Does the athlete consistently work up to their ability at practice and at meets?
- Does the athlete serve as a good role model and display good sportsmanship?
- Does the athlete take care of equipment, uniform, and locker room?
- Does the athlete understand being on this team is a privilege and not a right?
- Does the athlete understand being a student 1st and athlete 2nd?
- Does the athlete respect the coaching staff and their decisions?

Attendance:

Attendance is crucial to an athlete's success; consistently missing practice will affect an athlete's performance.

If athletes leave a **meet** early or go home with their parents they **must** be signed out by a parent! This is a district requirement. Also, if an athlete is going home with another athlete's parent the coaches must be notified **in writing, beforehand.**

Thank you for your support. We are looking forward to a successful season full of fun!

By signing below you acknowledge that you have read and understand all of the above expectations and consequences.

Athlete Name (please print): _____

Parent Signature: _____ Date: _____

Athlete Signature: _____ Date: _____